



Physical Education and School Sport at Dartington Primary School



Our Physical Education Programme

EYFS and Key Stage One

In foundation and Key Stage One, teachers use the Devon Leap into Life scheme to aid their own planning and delivery. Its aims are to develop physical literacy in young children through these four strands:

Movement Concepts: To develop each Child's decision making, how where and why to move as well as directional awareness.

Manipulative skills: To develop each Child's ability to work with equipment and apparatus and to coordinate movement.

Aesthetic Movement: To develop each Child's body awareness and the ability to interpret stimuli through movement mainly within Dance and Gymnastics.

Functional Movement: To develop each Child's fundamental movement skills.

We also provide our Key Stage One children with a one hour outdoor Physical Education lesson each week. This is taught using multi-skills through our focus sport each half term. Our focus for the 2017/18 academic year is:

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Gymnastics	Dance	Gymnastics	Multi Skills	Athletics	Swimming

Key Stage Two

In Key Stage Two, we offer the children two hours of Physical Education each week. One of those hours is taught indoors with an alternating focus each half term on Dance and Gymnastics.

The other hour is taught outdoors through a broad and balanced curriculum to meet the needs of our children. We believe children at Dartington Primary School have a vast range of sporting needs that need to be catered for. Below is our overview of our outdoor curriculum for the 2017/18 academic year:

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
U Frisbee	Netball	Multiskills	Basketball Cricket	Athletics Rounders	Swimming

Assessment

Through our working relationship with Premier and their involvement our physical education, we have assessment criteria, which allows data to be analysed on pupil performance and attainment. Based around a CARED descriptor model, children are measured against Age Related Expectations in:

- Competency
- Active and Health
- Reflective
- Engagement
- Discipline

The data gathered half termly helps focus themes for future learning and helps identify gifted and talented children.

Allocation of Physical Education

Children at Dartington Primary School participate in two hours of Physical Education each week. This takes place in our hall, one of our two Sports Courts (MUGA's), our school field or the local Swimming Pool.

Intra-School Activities

We have a forest family house system, which is used for Intra-School events such as our Sports Day and the Swimming Gala. Children also compete in Intra-School activities through our School Sport Partnership work with South Dartmoor Community College.

Kit

All children are expected to have full Physical Education kit in school every day. During cold winter months, children are encouraged to wear extra tops suitable for activities within Physical Education. Below is our School kit Policy:

Dartington Primary School PE Kit Expectations

Shirt



Green DPS
PE shirt

Shorts/Tracksuit bottoms



Plain black, navy blue or grey
shorts or tracksuit bottoms

Trainers



Sports Trainers
with a suitable
tread

Staff Development

As part of our Physical Education funding, we have employed Physical Education specialists to enhance staff confidence in delivering this aspect of our curriculum, as well as for direct delivery. In addition, through our sport partnership package, we have visits from our closest Secondary School SSCO to also work alongside staff.

As well as inspiring pupils with high quality teaching and coaching, using skills and expertise to develop provision across the school, the Activity Professionals also work alongside all teaching staff in Key Stages One and Two to allow staff to develop through observation, team teaching and guidance when solo teaching.

Extra-Curricular Programme

Clubs

We endeavour to offer a wide range of active clubs that are available to children of all ages either during the school day or after school. Clubs are run by staff as well as external agencies. The clubs that we have/are running in the academic year 2017/18 include football, gymnastics, multi skills, dance, table tennis, as well as Glee (singing) and Maths

Festivals and Competitions

We buy into, and are part of, the South Dartmoor School Sport Partnership. The partnership provides us with a calendar of festivals and competitions which we have participated in including Gymnastics, Multi Skills, Dance, Cross Country and Ability Games.

Other Opportunities Outside of Curricular Physical Education

Forest School

Forest School is a large part of our ethos here at Dartington Primary School. It is a unique approach which helps develop confidence, self-esteem, emotional and social skills, whilst building a connection and respect for the natural environment which surrounds us in this beautiful part of England. Activities are carefully planned and risk assessed by the discretion of the individual teachers. Children at our school are very inquisitive and enthusiastic about the outdoor world, we provide the resources, tools and innovative ideas to allow them to further their understanding. The activities are small, achievable and mostly child led ensuring that each child makes success and therefore allows their self-esteem to grow in an environment very different to the classroom.

Sports Leaders

Our Year 6 Sports Leaders are trained by KEVICC PE staff, and supported in school by members of the Year 5/6 teaching team. Whilst supervised, they plan and deliver extra sporting opportunities for KS1 and KS2 children during lunch 'Out & About' time. Sports Leaders help record daily physical activity data, 'Golden Mile' scores, and act as role models to other pupils. They also support KS1 children at KEVICC sports festivals and help run activities at KS1 sports day.

Dance Leaders

Our Year 6 Dance Leaders plan and run dance activities for KS1 and KS2 children, again under supervision, during lunch 'Out & About' time. They also help to lead our after-school dance club, and take part in the School Sport Partnership dance performance opportunities.

The school has a strong tradition in the quality of dance performance, led by Gilly Honey. Dance Leaders work on performance applying their skills and creativity, building and performing routines that they choreograph and set to music.

Active Playtimes

We positively encourage our children to experience an organised active lunchtime. The sports courts are used for a range of challenges and activities. Our sports leaders aid the activities using the skills they have learnt through the sports leaders programme.

Lunchtime sports clubs are available for different age ranges as part of a planned programme linked to the outdoor focus for the term. These clubs are delivered by our Activity Professionals, Clark Bassett (Wednesday) and James Gibbs (Friday).

Residential Experiences

Residential experiences are offered to pupils in Key Stage Two and vary from 'sleeping under the stars' to a three night residential trip for Year Six pupils in the summer term.

Gifted, Talented and Able Programme

Here at Dartington Primary School, we are proud to celebrate our children's successes but we also aim to nurture the talents that our children already possess by running our own Gifted, Talented and Able programme (G&T). Children are invited to a G&T club where they are given the opportunity to participate in a range of activities with other children of a similar ability. Throughout the year, our identified G&T children in years 4-6 will also be given the opportunity to attend G&T identification workshops at KEVICC.

At the identification workshop, children are placed into one of a two-tiered system to continue their development:

- KEVICC Superstars: Children take part in regular G&T events throughout the year with other children within the Totnes Learning Community.
- SDCC Partnership Elite Group: Children take part in regular G&T events throughout the year with other children from within the whole Dartmoor partnership.

We identify our G&T children in one of two ways:

- Every child is assessed in each unit of PE using CARED descriptors. A child is deemed Gifted, Talented and Able within PE and Sport if they are measured exceeding or excelling against Age Related Expectations in at least three different areas.
- A child can also be deemed Gifted, Talented and Able within PE and Sport if they play a sport outside of school at County level or above.

Healthy Active Lifestyles

How we promote Healthy Active Lifestyles

We provide fruit at break times but in addition, healthy snacks and lunches are promoted at Dartington Primary School and children are taught from an early age the importance of a healthy and active lifestyle. Physical activity is encouraged through Physical Education, active clubs and active lunchtimes.

Golden Mile

The school has a track marked out that is used for pupils to walk or run at regular points in the week, accumulating their score against a Golden Mile challenge. Scores are tallied and recorded to build a personal, class and school score that rises over time and evidences progress in stamina and fitness. Sports Leaders enter the scores regularly so that records are built up over time.

Reflecting on personal progress and taking part in regular challenges supports pupils in self-awareness, as well as increasing fitness